

# Health Professionals Report : Capacity, Accessibility and Production

Specialty of Interest : Physiotherapist

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### Introduction

### Introduction

This report provides a comprehensive overview per healthcare specialty working within the Belgian health insurance system, within hospital and ambulatory settings.

### Professional perspective:

 Aspects covered are: capacity, production (numbers and financials), subspecialties, replacement rates. Those aspects are described by gender, age, geography, type of activity, workplace, evolution.

### Patient perspective:

• Accessibility and frequentation are described by gender, age, social status, geographical distribution, evolution.

### **Data Sources & Transformations**

This report draws insights from the "Doc P" database, encompassing patients who sought care in Belgium and claimed insurance reimbursement. The database spans from accounting years:

- 2013 to 2023 for health professionals
- 2018 to 2023 for health professionals subspecialties
- 2018 to 2022 for insured coverage and patient frequentation

Each studied year N is coupled with socio-demographic data on providers as of December 31 N.

To address GDPR (General Data Protection Regulation) compliance for small cell data, numbers from fewer than 5 registered providers are hidden.

### **Contact**

 $\underline{appropriate care@riziv-inami.fgov.be}$ 

### **Additional information**

For official information regarding the number of healthcare providers :

NIHDI : please click <u>here</u>MOH : please click <u>here</u>

### **Key Variables & Metrics**

Healthcare professional perspective (specialty is determined by grouping NIHDI competency codes):

- <u>Demographic characteristics</u> are age (groups by 10Y), sex (M/F), working address (or contact address if not available), communication language (Dutch/French), convention status (full, partly), activity status (>1 intervention/year), type of prestation (see <u>NIHDI</u> nomenclature).
- <u>Numeric characteristics</u> are number of professionals (all providers registered within INAMI-RIZIV), number and cost of (reimbursed) prestations. Evolution is available since 2012 for professionals figures and since 2018 for the study of their activity.
- <u>FTE (full-time equivalent)</u> is calculated to determine the workload of a healthcare provider (= total reimbursements by provider in a given year divided by the median amount of reimbursements for providers aged 45 to 54 in the same specialty, see Annex 1). FTE values are capped at 1. The FTE for employed doctors in medical homes (lump sum financing) was estimated at 0.82 per doctor because the actual FTE cannot be evaluated given the absence of activity registration. Medical homes with lumpsum are not included in the productivity calculation. General practitioners with "Fee for Service" in the title specifies that doctors and patients in medical homes with lumpsum are excluded from the analysis.
- Working place: distinction is made between private, polyclinic, day hospitals, or hospital stays, depending on the place of prestation.
- <u>Subspecialty Clusters</u>: Healthcare providers within a specialty can be clustered based on ([sub] group of similar) nomenclature codes reimbursed or working place.
- Indicators of Density: FTE/10.000 insured, total activity/FTE, reimbursement/FTE, number of patients/FTE.

### Patient perspective:

- <u>Demographic characteristics</u> are age, sex (M/F), address of residence (not treatment place!) (by region, province, etc.), social status (normal and preferential regime [BIM])), type of specialty contacted during the year.
- <u>Patients Indicators</u>: insured coverage (% at least 1 contact) (N.B. Specialists in training included), insured frequentation (number of contacts/insured), patient frequentation (number contacts/patient).

A KPI (Key Performance Indicator) color system is used in this report. It is shown as

- Grey for contextual information
- Green for positive performance compared to starting year
- Red for negative performance compared to starting year

### **Limitations & Assumptions**

- Professional density: metrics in this report were not standardized to a consistent population size, which means comparisons between regions or provinces may not be entirely fair or accurate.
- Patient analysis uses actual care years, not accounting years, unlike other analyses. If the analysis year is N, the last available year for patient analysis is N-1 in order to present relevant data.
- The calculation of FTEs may be impacted by modifications of competency codes over the years. A change within a specialty affects the median of reimbursements and thus generates breaks in the evolution of FTEs (see the recognition of nephrologists since 2022 for internal medicine). The median value changes depending on the year (see Annex 1).



# Speciality Metrics and Comparison (2023): Physiotherapist

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Pilysiotherapist				
Competency Code	Description			
50501	Graduates in physiotherapy and similar (before 1/1/1993)			
50507	Physiotherapists qualified after June 15, 2005 and approved by the FPS Public Health who have not entered a competition or have not been selected following a competition, even if they have declared on their honour that they have a practice.			
50511	Graduates in physiotherapy and assimilated (after 1/1/1993)			
50512	Graduates in physiotherapy (after 1/1/1993)			
50517	Physiotherapists qualified after June 15, 2005, approved by the SPF Santé publique and selected after the competition (or validly registered if the competition is not organized) and who do not have a practice.			
50521	Graduates in physiotherapy and related fields			
50522	Licensed physiotherapists			
50523	Graduates in physical education whose diploma or additional certificate attests to their knowledge of physiotherapy			
50527	Physiotherapists selected after the competition (or validly enrolled if the competition is not organized) AND for whom the RIZIV is in possession of a declaration of honor concerning the practice at their disposal.			
50721	Graduates in physiotherapy and assimilated competent for diabetes education			
50722	Physiotherapists qualified in diabetes education			

This sheet compares the specialty of interest (left) with comparison group (right).

General Practitioner Profession

**General Practitioner** 

	Physiotherapist	General Practitioner
# N SubSpecialities	1	1
# N Total	44.630	18.518
# N Active	26.444	14.286
# Full-Time Equivalent (FTE)	18.848	9.615
€ Expenses per FTE	56.362	200.075
65+	% Active % FTE 6% 5%	% Active % FTE 25% 18%
	% Active % FTE	% Active % FTE
Accreditation	68% 67% (Bla	89% 89% 84% 95%

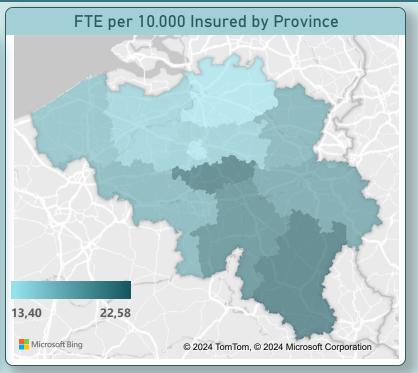


# Geographical Accessibility (2023): Physiotherapist

Geographical accessibility is measured by density, calculated as the number of FTE (Full Time Equivalent) per 10.000 insured and comparing the results between provinces and regions. Metrics in this report were not standardized to a consistent population size.

### <u>Indicators</u>:

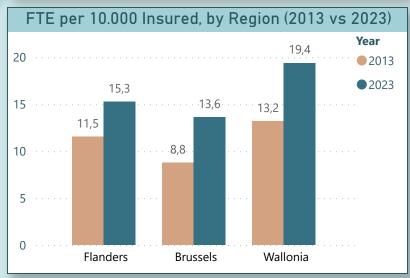
- Geographical distribution which enables to check for homogeneity.
- Evolution over 10 years and growth rate within that period.
- Comparison of number of FTE and number of insured to detect correlation.

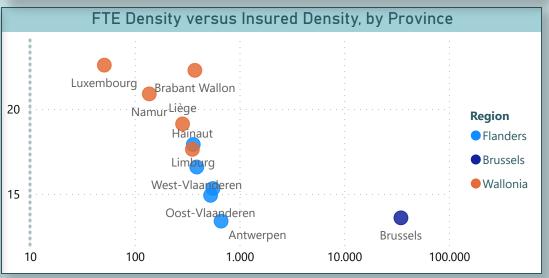


Demographic Information by Province					
Province	#FTE	Density (FTE per 10.000 Insured)	%65+ (FTE)	%Women (FTE)	
West-Vlaanderen	2.038,16	16,59	6%	57%	
Oost-Vlaanderen	2.356,36	14,92	6%	59%	
Antwerpen	2.562,78	13,40	4%	57%	
Limburg	1.570,40	17,91	6%	56%	
Vlaams-Brabant	1.800,05	15,32	5%	58%	
Brussels	1.560,04	13,60	5%	53%	
Brabant Wallon	911,02	22,28	4%	57%	
Hainaut	2.368,54	17,63	6%	48%	
Namur	1.054,02	20,89	4%	55%	
Liège	2.113,57	19,12	4%	55%	
Luxembourg	513,50	22,58	3%	59%	
Total	18.848,44	16,38	5%	55%	

FTE per 10.000 Insured in Belgium (2023)

16,38 2013: 11,78 (+38.97%)







# Financial Accessibility (2023): Physiotherapist

Financial accessibility is measured by the number of conventioned FTE (Full time equivalent) by 10.000 insured.

Convention means that the professional is committed to respect prices determined in the NIHDI convention. This agreement can occur partly (at specific hours during the week) or totally (all the working hours). The conventioned FTE for partially conventioned providers is calculated as half of their total FTE.

### <u>Indicators</u>:

- % FTE meeting the criteria / total FTE
- Financial accessibility is gauged by conventioned FTE (Full Time Equivalent) per 10.000 insured.

### % Conventioned FTE (2023)

67%!

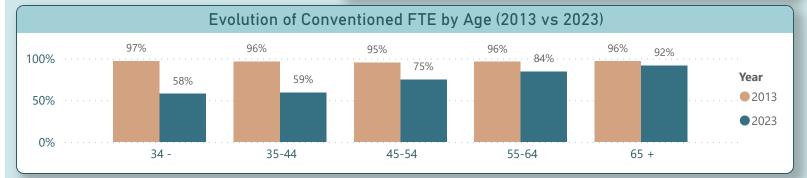
2013: 96% (-30.69%)

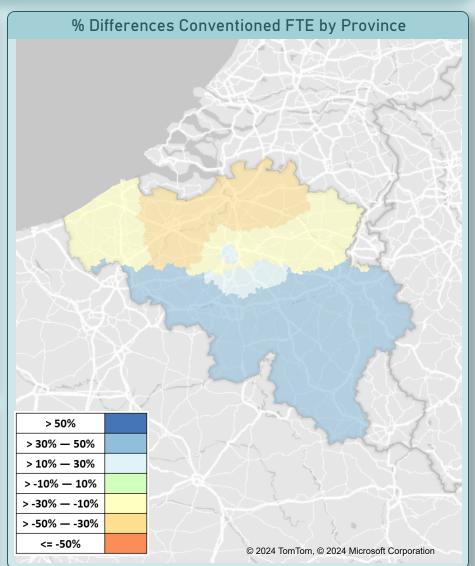
### % Conventioned FTE by Language and Regime

Language and Regime					
Language	Part	Full	Total		
FR		90%	90%		
NL		47%	47%		
Total		67%	67%		

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Province	Density (FTE per 10.000 Insured)	Density (Conventioned FTE per 10.000 Insured)	% Conventioned FTE
West-Vlaanderen	16,59	9,10	55%
Oost-Vlaanderen	14,92	6,82	46%
Antwerpen	13,40	5,22	39%
Limburg	17,91	9,08	51%
Vlaams-Brabant	15,32	7,60	50%
Brussels	13,60	10,32	76%
Brabant Wallon	22,28	16,68	75%
Hainaut	17,63	17,15	97%
Namur	20,89	20,15	96%
Liège	19,12	17,86	93%
Luxembourg	22,58	22,01	97%
Total	16,38	10,90	67%







# Subspecialties Activity and Working Place : Physiotherapist

Reimbursement by FTE (2023)

56.481

2018: 48.238 (+17.09%)

The level of activity is measured by the total reimbursement amount of the specialty. The distribution of the reimbursement by specialty allows to distinguish different types of activity which are grouped to study what kind of procedures are done and where. The type of activity is described by 2 criteria: the place of work and the nature of the activity:

- The place of work is the place where the activity takes place (private, polyclinic, day hospital, hospital stay).
- The nature of the activity is described according to 2 logics of grouping. The traditional distribution of reimbursements within NIHDI (N01 contacts, N20 surgery, etc.) and a specific, more detailed breakdown to identify sub-specialties within the specialty (i.e. cardiac surgery within surgery).

### Indicators :

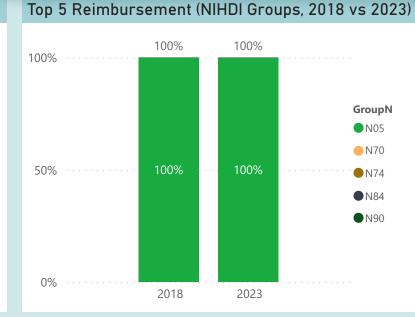
- Reimbursement (in Euros) / FTE
- % Reimbursement (in Euros) by category / total reimbursement (in Euros)

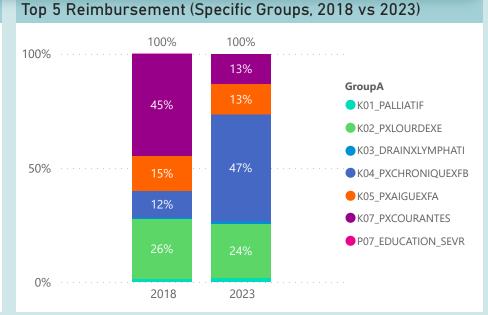
The evolution provides information on the stability of the patterns of the activity comparing year N with N-5.

# Reimbursement by Working Place (2018 vs 2023) 7% 6% Working Place Private Poly DayHosp HospStay

2023

2018





GroupN	Description	
N05	Physiotherapy	
N70	Appliances	
N74	Cross-cutting health care objective	
N84	Speech therapy	
N90	Tobacco withdrawal	

GroupA	Description
K01_PALLIATIF	Palliative (physioth.)
K02_PXLOURDEXE	Heavy path. (physioth.)
K04_PXCHRONIQUEXFB	Chronic path. (physioth.)
K05_PXAIGUEXFA	Acute path. (physioth.)
K07_PXCOURANTES	General (physioth.)

# Subspecialties Activity and Working Place (2023): Physiotherapist

Subspecialties are identified by the working place and/or type of activity (see previous page): the assignment of a health care provider to a sub-specialty prioritizes the type of activity exercised. In general, the type of activity with the most reimbursements, if the amount exceeds 10% of reimbursements in all types of activity, determines the specialty of the health care provider. If no particular activity was identified for the specialty, the assignment was done on the criterium of the workplace: hospital, polyclinic, private. If there is no clear distinction between the different locations, then the cluster is named "Mixed". Clusters less than 5 FTE or less than 0,5% of total FTE are left out. Comparison of clusters helps to understand differences in nature of work.

Indicators:

- % FTE by type of cluster
- % type of activity (in Euro ) / total reimbursement (in euro) by cluster

# FTE and median Reimbursement by Subspecialty

Subspecialty	FTE	Reimb per Provider
Hospi	796	32.922
Poly	445	28.113
Mixed	2.131	41.620
Private	15.024	46.520



# Accessibility, Insured Coverage (2022): Physiotherapist

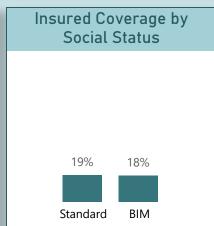
Disparities in insured coverage can help to understand accessibility.

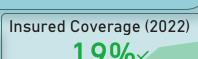
### Indicator:

• Percentage of insured persons having at least one contact per year with the specialty (by category of patient) (N.B. Specialists in training included)

Comparison between categories of patients helps to identify possible disparities in accessibility by criterium (gender, age group, geography or socio-economic status, Global Medical File (GMF) status).

# Insured Coverage by Gender 22% 15% F M





2018: 17% (+10.02%)

Ratio Female/Male (2022)

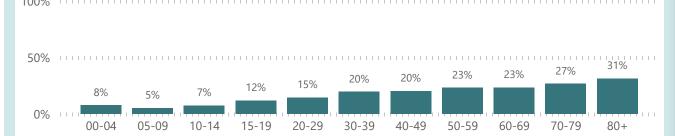
**1,46** 2018: 1,50 (-2.58%)

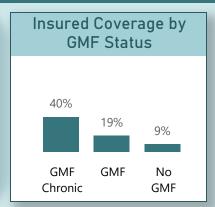
Ratio Bim/Standard (2022)

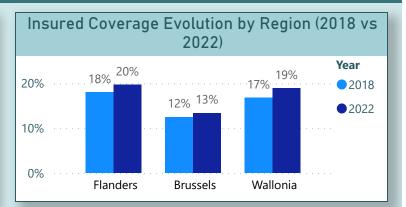
0,97

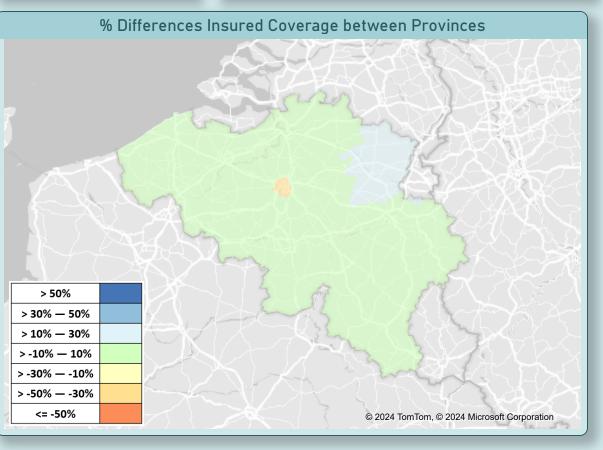
2018: 1,04 (-6.09%)

## Insured Coverage by Age of Patients











# Accessibility, Contacts per Insured (2022): Physiotherapist

Number of contacts per insured is a complementary measure to understand accessibility.

<u>Indicator</u>: number of contacts (by category of insured) is respectively calculated

- per insured
- per patient (insured who at least has one contact with health provider)

Categories of insured are defined by several criteria: gender, social status, age group, residence geography.

Contacts per Insured (2022)

**3**, **7 6** 2018: 3,54 (+6.25%)

Insured Coverage (2022)

2018: 17% (+8.01%)

Contacts per Patient (2022)

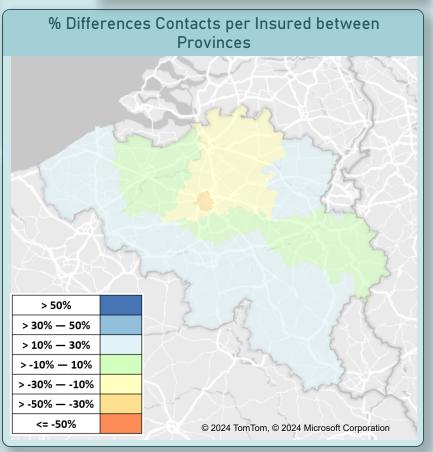
**20,41** 2018: 20,75 (-1.63%)

	Average Contacts per Insured by Social Status (2018 vs 2022)
	<b>Year</b> 6 5,64 5,53
)	●2022
	3,04
	2
	0 BIM Standard

Age Patient	Contacts per Insured	Insured Coverage	Contacts per Patient
00-04	0,91	8%	11,78
05-09	1,06	5%	20,77
10-14	1,03	7%	13,77
15-19	1,52	12%	12,93
20-29	1,79	15%	12,36
30-39	2,49	20%	12,75
40-49	3,23	20%	15,95
50-59	4,40	23%	19,11
60-69	5,15	23%	22,13
70-79	7,21	27%	27,02
80+	10,90	31%	34,93

	Average Contacts per Insured (2018 vs 2022)									
								4,22	Y	<b>'ear</b> 2018
4		3,55	3,69 <sup>.</sup>				3,90			2022
3					2,33	2,33				
2										
1										
0		Flan	ders		Bru	ssels	 Wal	lonia		

Province	Contacts per Insured	Insured Coverage	Contacts per Patient
West-Vlaanderen	4,31	21%	20,77
Oost-Vlaanderen	3,67	19%	19,46
Antwerpen	3,11	18%	16,89
Limburg	4,46	23%	19,83
Vlaams-Brabant	3,42	19%	17,72
Brussels	2,33	13%	17,40
Brabant Wallon	4,04	20%	19,81
Hainaut	4,37	19%	23,41
Namur	4,44	21%	21,54
Liège	3,93	17%	22,64
Luxembourg	4,55	21%	22,02



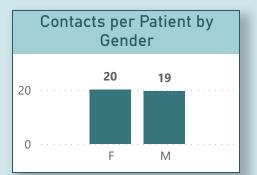


# Patient Frequentation (2022): Physiotherapist

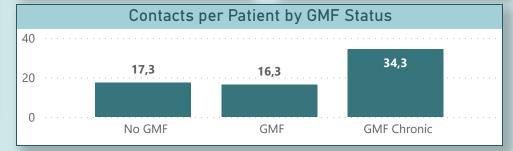
Frequentation of patients (number of contacts) is a measure to understand health consumption and workload.

<u>Indicator</u>: number of contacts (by patient category) is calculated per patient (insured who at least has one contact with a health provider).

Categories of patients are defined by several criteria: gender, social status, age group, residence geography, GMF (Global Medical File) Status.









**20,41** 2018: 20,75 (-1.63%)

Average Providers per Patient (2022)

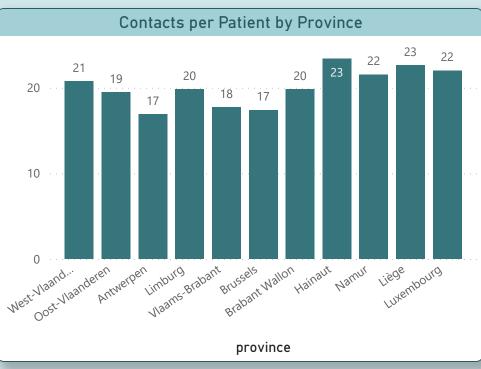
2018: 1,7 (-4.13%)

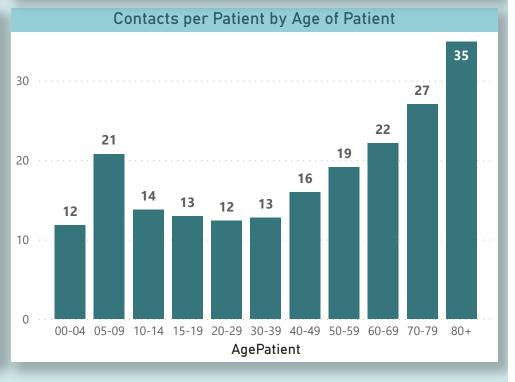
Average Age of Contacts (2022)

**5**/,**9** 2018: 58,4 (-0.92%)

Average Age of Patients (2022)

**50,7** 2018: 50,9 (-0.32%)





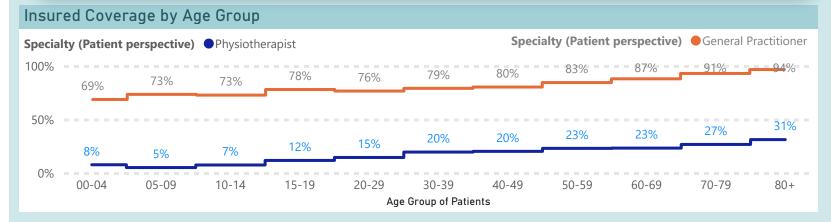


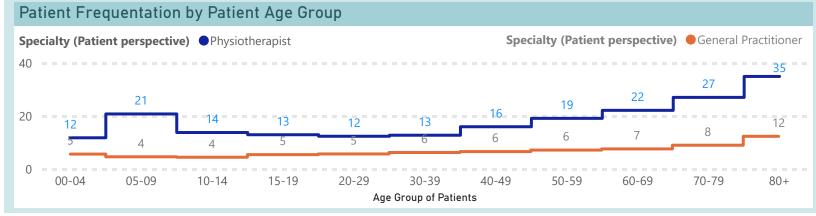
# Complementarity with comparison group (2022): Physiotherapist

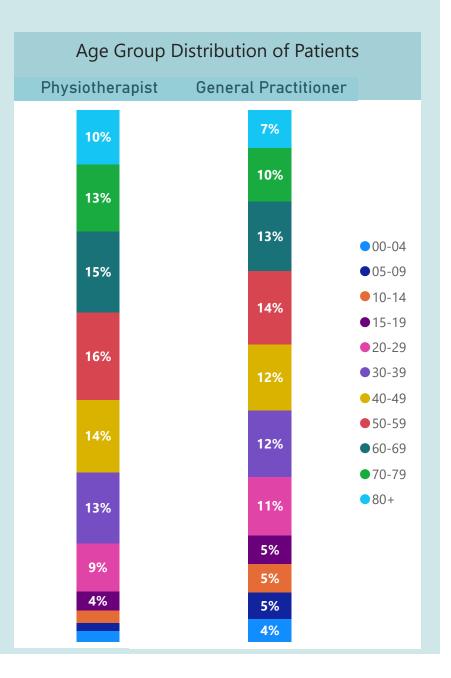
Complementarity compares on the one side insured coverage and on the other side patient frequentation (contacts per patient).

### Indicators:

- Insured coverage
- Patient frequentation (contacts per patient)









# Workload (2022): Physiotherapist

Workload by specialty provides insight into the work volume per year of the specialty by FTE and the patient base population (Individual patients are allocated to one single professional per specialty per year to build the patient base population for each single professional (age, language, gender, work address, convention status, accreditation)

### Indicators:

- Workload : contacts / FTE
- Patient base population: Patients / FTE
- Contacts per patient per provider

Limitation: working address of health professionals can be different than the location of patients. This can explain differences in workload results (contact/FTE, patients/FTE) and lead to misinterpretation for geographical criteria (province) especially for small numbers of working professionals. Also if the number of FTE by cell is inferior to 5, contacts per FTE and patients per FTE are hidden.

Average Contacts per FTE (2022)

**2.412** 2018: 2529 (-4.66%)

Average Patients per FTE (2022)

2018: 122 (-0.11%)

Average Contacts per Patient and Provider (2022)

**13,4** 2018: 13,6 (-2.04%)

Province	Contacts per FTE	Patients Per FTE	Contacts per Patient and Provider
West-Vlaanderen	2.659	128	13,8
Oost-Vlaanderen	2.577	132	13,0
Antwerpen	2.396	142	11,5
Limburg	2.590	130	14,0
Vlaams-Brabant	2.305	127	12,2
Brussels	1.877	116	10,7
Brabant Wallon	2.165	109	13,2
Hainaut	2.605	110	15,7
Namur	2.327	108	14,2
Liège	2.279	100	15,8
Luxembourg	2.238	101	14,7

Age Class	Contacts per FTE	Patients Per FTE	Contacts per Patient and Provider
34 -	2.353	126	11,7
35-44	2.301	126	12,5
45-54	2.559	124	14,7
55-64	2.586	115	16,4
65 +	2.209	81	20,6

Gender	Contacts per FTE	Patients Per FTE  ▼	Contacts per Patient and Provider
М	2.703	133	14,2
F	2.175	113	12,6

Language	Contacts per FTE	Patients Per FTE	Contacts per Patient and Provider
FR	2.412	122	13,4
NL	2.412	122	13,4

Convention	Contacts per FTE	Patients Per FTE	Contacts per Patient and Provider
Full	2.387	110	14,9
No	2.461	147	11,0

Accredited	Contacts per FTE	Patients Per FTE	Contacts per Patient and Provider
No	2.412	122	13,4



# **Evolution of the Workforce Demography: Physiotherapist**

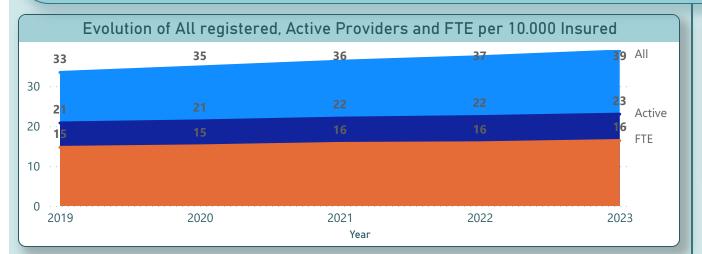
Healthcare workforce demographics present active professionals having more than one activity per year on the <u>left side</u> of the page, while Full-Time Equivalents (FTE) are displayed on the <u>right side</u>. The analysis spans the past decade and is segmented by professional characteristics such as age class, gender, and language.

### Active indicators (Left):

- Number of Actives (>1 prestation /accounting year) and its % growth rate over the past decade.
- Replacement Rate: Active professionals above 55 years compared to those below 55 years.
- Inactivity: % of inactive professionals in relation to the total.
- New Active Providers per Year: Annual influx of new providers (derived from linear regression over the past decade to estimate the average rate).

### FTE indicators (Right):

- Equal proportion of gender: Indicates the percentage of female FTE in relation to the total FTE.
- Average FTE: Indicates the level of activity by dividing the FTE below 65 years with the total active workforce.





3.5%

% Growth Rate of NL Active Providers

2.8%





% of Inactive Providers < 65y (2023)

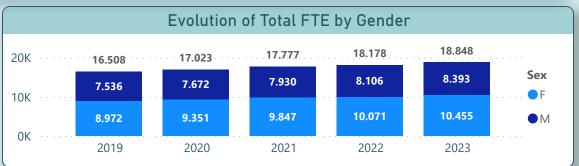
**36%** × 2013: 33% (+7.71%)

New FR Active Providers per Year

392.1

New NL Active Providers per Year

382.9

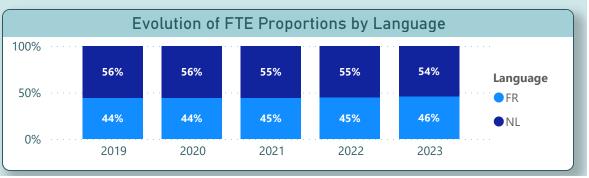


Avg FTE per Active Provider < 65y (2023)

2013: 0,69 (+5.23%)

% Female among total FTE (2023)

5 5 %
2013: 51% (+9.07%)



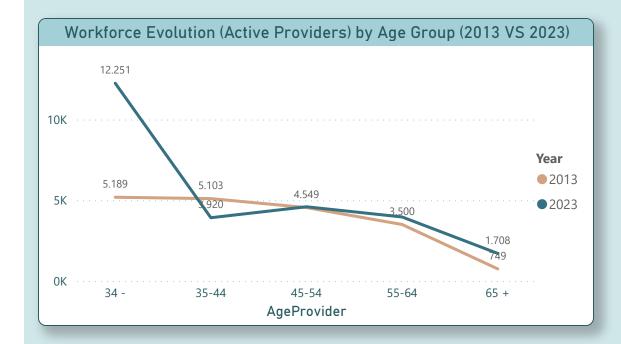


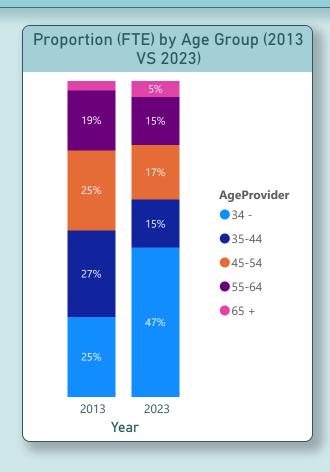
# Demographic Evolution by Age Group (2023): Physiotherapist

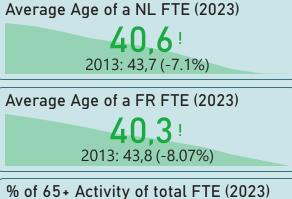
Demographic evolution by age group and activity of professionals above 65 years (provides information on the demographic stability).

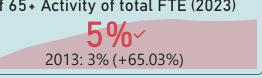
### Indicators:

- Trend in age group distribution (active/FTE),
- Age FTE: average of a professional's age weighted by its corresponding Full-Time Equivalent (FTE) value, by language of the provider.
- Contribution of older practitioners to the overall activity: % 65+ FTE/ Total FTE









FTE by Language					
Language	#FTE	%65+ (FTE)			
FR	8.644,61	5%			
NL	10.203,83	5%			
Total	18.848,44	5%			



# Annex 1: FTE Details (2023): Physiotherapist

FTE (full-time equivalent) is calculated to determine the workload of a healthcare provider (= total reimbursements by provider in a given year divided by the median of reimbursements for providers aged 45 to 54 in the same specialty).

The median amount of reimbursement for providers aged 45 to 54 is calculated each year. Evolution is not adjusted for inflation.

FTE values are capped at 1. See the comparison per active provider by sex, language and age group.

N.B. The FTE for employed doctors in medical homes (lump sum financing) was estimated at 0,82 per doctor because the actual FTE cannot be evaluated given the absence of activity registration.

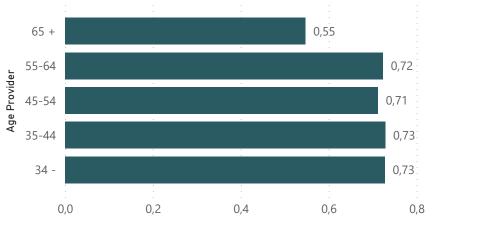
# Avg FTE per Active Provider (2023)

2013: 0,68 (+4.56%)

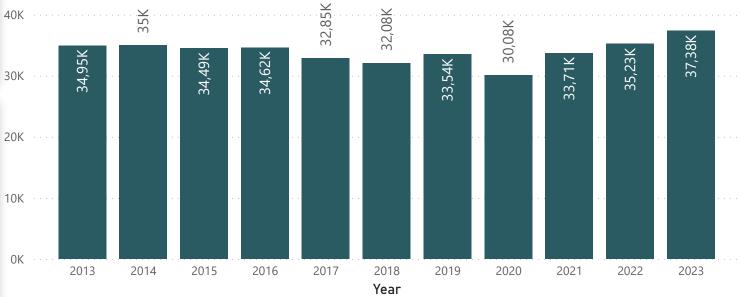
## Avg FTE per Active Provider by Language and Gender

Language	F	М	Total
FR	0,69	0,75	0,71
NL	0,67	0,78	0,71
Total	0,68	0,76	0,71

# FTE per Active Provider by Age



# Median of Reimbursements for Providers between 45 and 54 years old





# Annex 2: Type of Practice (2023): Physiotherapist

Type of practice (FTE) by age group and region. Evolution and trends

### 5 types of practices are represented:

- Nursing home: represents care facilities for the elderly or individuals requiring psychiatric care.
- Group: represents collective practices or facilities where professionals work together (ex: medical house with lumpsum, mental health center, day care center, public pharmacies, medical laboratories, bandagist/orthopedist workshops).
- Hospital: represents hospitals or medical establishments (ex: general hospitals, psychiatric hospitals, hospital pharmacies)
- Solo: represents individual practitioners or private addresses.
- Other: represents facilities or organizations not falling into the above categories (ex: physiotherapy office, tariff office, organizations with a registered business number)

N.B. Not Available (NA) values are decreasing over time as the database becomes increasingly complete.

